



Cheeks

Breasts

Calves and Ankles Many Korean women eschew muscular calves (cankles are practically

outlawed) and seek out calf reduction or leg-slimming

clinics abound, but Dream

Plastic Surgery, in Seoul,

procedures. Excellent

turns out some of the

(en.e-dream.co.kr)

shapeliest gams in town.

Santa Monica plastic surgeon Chia Chi Kao's endoscopic Ponytail Facelift involves very little cutting and virtually no pulling. Kao re-drapes skin and soft tissue vertically and uses tiny stitches to tighten

underlying muscles. He then contours and volumizes

In Brazil, where plastic surgeons are often as famous as the people they operate on, it's refreshing to find one who prefers to stay under the radar. Benjamin de Souza Gomes Filho, whose office is located in Vitória, a quick flight from Rio de Janeiro, works on oodles of celebs, models, and

moguls-but you'd never know it. His way

(centrodecirurgiaplastica.com)

with breasts, in particular, is gorgeously subtle.

with a fine layer of regenerative-cell-rich fat taken from the patient's own body. (kaoplasticsurgery.com)

stomach

thigh & butt

Forehead

Lips and Chin

The Euro jetset flocks to Antonios Paraskevas, who splits his time between

surgery, he's known for some of the best lip and chin sculpting money can buy. (doctorparaskevas.com)

Paris and his native Athens, Greece. With

a background in advanced reconstructive

A-listers from as far as London and Los
Angeles head to the Sydney cosmetic
physician Joseph Hkeik for his finesse
with fillers. A trained sculptor, he
approaches faces with an artist's eye
and claims he can erase 10 years in one
tession. (allsaintscosmedical.com.au)

The ophthalmic plastic surgeon Naresh
Joshi is fashionable London's go-to guy for
eyes, period. It's all he does. A self-described
obsessive-compulsive perfectionist, Joshi
specializes in complex procedures—and
has performed more than 15,000 surgeries.
(bupacromwellhospital.com)

Eves

Nose

Rising rhinoplasty star David W. Kim, a San Francisco surgeon, attracts tech titans, West Coast socials, and other highfliers with his technical virtuosity and conservative approach (ski jumps, after all, are so 20 years ago). "A good rhinoplasty looks like you were born with it," he says. (drkimfacialplastics.com)

Neck

London's Dirk Kremer eradicates "turkey neck" with a combination of liposuction and something called the iGuide neck lift, which uses long needles and thread to weave a "net" that helps support sagging jawline

support sagging jawline muscles. (harleystreet aesthetics.com)

Stomach

After an
"abdominoplasty
flankplasty" by West
Orange, New Jersey,
body-work maestro
Scott Spiro, his yummymummy patients often
end up looking better than
they did pre-pregnancy.
And it's not all about
appearances: Afterward,
"they can hold a plank longer
than they could before
they had children," he says.
(drspiro.com)

Thighs and Butt

"There's a revolution going on in buttock surgery," says Constantino G. Mendieta, a Miami plastic surgeon who hits mostly below the belt. "Ten years ago, surgeons didn't look at the area artistically, but now everyone wants a prettier, shapelier butt." His own posterior paradigm? Instagram belfic sensation Jen Selter. (constantinomendieta.com)

BIT BY BIT

FLAT RUMP? POST-BABY BUMP? SOMEWHERE IN THE WORLD THERE'S A DOC WHO CAN FIX THAT. SANDRA BALLENTINE MAPS OUT THE BEST.

Illustration by ZEBEDEE HELM